



OCTOBER | 2018

PHS Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No school	2 Cinnamon Roll Fresh Fruit Juice Milk	3 Pop Tarts Yogurt Fresh Fruit Juice Milk	4 Bagel with Cream Cheese Eggs Fresh Fruit Juice Milk	5 French Toast w/syrup Yogurt Fresh Fruit Juice Milk
8 Banana Bread String Cheese Fresh Fruit Juice Milk	9 Scrambled eggs Hash browns Fresh fruit Juice Milk	10 Sausage and Pancake Bites Fresh Fruit Juice Milk	11 Breakfast Pizza Fresh Fruit Juice Milk	12 Zucchini Bread String Cheese Fresh Fruit Juice Milk
15 Blueberry Muffin Yogurt Fresh Fruit Juice Milk	16 Cherry Strudel Fresh fruit Juice Milk	17 Cinnamon Roll Fresh Fruit Juice Milk	18 Breakfast Burrito Fresh Fruit Juice Milk	19 Cereal Bar Fresh Fruit Juice Milk
22 Waffles Fresh Fruit Juice Milk	23 Apple Churro Yogurt Fresh Fruit Juice Milk	24 Egg and cheese Omelet Hash Browns Fresh Fruit Juice Milk	25 Sausage Biscuit String Cheese Fresh Fruit Juice Milk	26 Blueberry Muffin Yogurt Fresh Fruit Juice Milk
29 Pancakes w/syrup Eggs Fruit Juice Milk	30 Oatmeal Yogurt Fruit Juice Milk	31 Breakfast Pizza Fresh Fruit Juice Milk		

News

October 1st – No school

Preston County BOE is an equal opportunity provider and employer

*All items may be subject to change due to availability