



OCTOBER | 2018

CEP Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No school	2 Cereal Choice Yogurt Fresh Fruit Juice Milk	3 Pop Tarts Fresh Fruit Juice Milk	4 Cinnamon Raisin Bagel with Cream Cheese Fresh Fruit Juice Milk	5 Strawberry Nutri Grain Bar Fresh Fruit Juice Milk
8 Maple Waffle Fresh Fruit Juice Milk	9 Egg and cheese sandwich Fresh fruit Juice Milk	10 Blueberry Nutri Grain Bar Fresh Fruit Juice Milk	11 Cinnamon Cream Cheese bagel Fresh Fruit Juice Milk	12 Cinnamon Roll String Cheese Fresh Fruit Juice Milk
15 Banana Muffin Yogurt Fresh Fruit Juice Milk	16 Butterscotch Oatmeal Bar Yogurt Fresh Fruit Juice Milk	17 Whole Grain Donut Fresh Fruit Juice Milk	18 Breakfast Pizza Fresh Fruit Juice Milk	19 Cereal Bar Fresh Fruit Juice Milk
22 Mini French Toast Fresh Fruit Juice Milk	23 Strawberry cream cheese bagel Fresh fruit Juice Milk	24 Sausage and pancake on -Stick Fresh Fruit Juice Milk	25 Cereal Choice Yogurt Fresh Fruit Juice Milk	26 Waffle w/syrup Yogurt Fresh Fruit Juice Milk
29 Apple Cinnamon Muffin Yogurt Fruit Juice Milk	30 Blueberry Bread String cheese Fruit Juice Milk	31 Cinnamon Roll Fresh Fruit Juice Milk		

News

October 1st – No school

Preston County BOE is an equal opportunity provider and employer

*All items may be subject to change due to availability