

Brain Freeze Activities for Pre-K

Two different activities are to be completed for each Brain Freeze day.
Send documentation of activity completion to your child's teacher.

Use a calendar and count the days left in the month	Name things that begin with B, C, D, F and G	Count the things in your kitchen that look like a circle	Help bake cookies
Look at the mail, count how many stamps you see. Are they different?	Write your full name, count the letters. Which name had the most letters?	Estimate how many jumping jacks you can do in one minute. Then try it.	Practice dribbling a ball.
Do ten sit-ups.	Draw a row of mittens, hats, and scarves showing a pattern.	Estimate how many circles you can draw in one minute. Then try it.	Line up shoes and count them by twos.
Write the numbers 0-20 in sequence.	Play WAR with a deck of cards. Instructions: Remove face cards from the deck. Deal a card to each player until all cards in deck have been dealt. Do not show other players your cards. At the same time, each player will turn over one card. Player with the highest card gets to keep all the cards played that hand. Play until one player runs out of cards. Winner has the most cards at the end.	Solve this story problem. Show your solution in numbers, pictures AND words: There are 8 snowmen. 2 melted. How many are left?	Grab a handful of cereal, coins, or legos. Count how many you grabbed and write the number. Draw a picture and write the number of objects you counted.
Solve this story problem. Show your solution in numbers, pictures AND words: There were 3 snowmen. Each snowman had 2 arms. How many arms did they have in all?	Practice writing your upper and lower case letters. Tell your parents the name of each letter, the sound, and an object that begins with that sound.	Retell your favorite story to your parents. Be sure to include a beginning, middle, and end.	Read your favorite book with a special someone.

Many games you have at home or see at the local store involve mathematical thinking. Children develop their skills in an almost effortless way when they play these games with each other and adults

<u>Counting, Adding, and Subtracting</u>	<u>Strategy and Spatial Perception</u>	<u>Attributes, Patterns, and Geometry</u>
Crazy Eights - Traditional card game Guess Who? Jigsaw puzzles Rummikub Tangrams	Battleship Checkers Clue Jr. Connect Four Jenga Memory	Chutes and Ladders Hi! Ho! Cherry-O! Sorry Trouble Uno

Reading at Home

Reading at home will make a HUGE difference in your child's school success! Make reading part of your everyday routine. Choose books that match your child's interest. Reading for just 10-15 minutes a day will benefit your child!



Building a Reader

- ✓ Have your child turn the pages
- ✓ Encourage them to fill in the rhymes
- ✓ Notice patterns in the text and illustrations
- ✓ Have your child be the "reader" and read the pictures
- ✓ Notice and talk about letters and the sounds they make
- ✓ Help them fall in LOVE with books