



January Menu Template

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>HAPPY NEW YEAR</p>	<p>3</p> <p>Entrée: Grilled Cheese & Tomato Soup Sides: Baked potato, fruit, milk</p>	<p>4</p> <p>Entrée: Chicken Parmesan Sub Sides: Parmesan broccoli, cucumber and tomato salad, juice bar, fruit, milk</p>	<p>5</p> <p>Entrée: Pigs in a Blanket Sides: Coleslaw, sweet potato fries, fruit, milk</p>	<p>6</p> <p>Entrée: Chicken Fajita Sides: fresh peppers, fruit salsa w/chips, fruit, milk</p>
<p>9</p> <p>Entrée: Steak and Cheese Sub Sides: Corn on the cobb, steamed carrots, pudding, fruit, milk</p>	<p>10</p> <p>Entrée: Teriyaki Pork Chop Sides: Baked potato, roll, sugar cookie, fruit, milk</p>	<p>11</p> <p>Entrée: Cheeseburger Wrap Sides: Peas, baked beans, fruit, milk</p>	<p>12</p> <p>Entrée: Chicken Nuggets Sides: Broccoli w/cheese, roll, fruit, milk</p>	<p>13</p> <p>Entrée: Breakfast for Lunch Sides: Cook's choice, fruit, milk</p>
<p>16</p>  <p>MLK Day</p>	<p>17</p> <p>Entrée: Grilled Ham and Cheese Sides: Side salad, sweet potato rounds, fruit, milk</p>	<p>18</p> <p>Entrée: Vegetable Beef Soup Sides: Pepperoni rolls, Jell-O, fruit, milk</p>	<p>19</p> <p>Entrée: Chicken Tetrazzini Sides: Garden salad, oatmeal cookie, fruit, milk</p>	<p>20</p> <p>Entrée: Fish Sandwich w/tartar sauce Sides: Potato wedges, butternut squash, sherbet, fruit, milk</p>
<p>23</p> <p>Entrée: Country Fried Steak Sides: Mashed potatoes, biscuit, fruit, milk</p>	<p>24</p> <p>Entrée: Meatball Sub Sides: Coleslaw, steamed carrots, fruit, milk</p>	<p>25</p> <p>Entrée: Taco Salad w/boat Sides: Refried beans, cherry crisp, fruit, milk</p>	<p>26</p> <p>Entrée: Pepperoni Pizza Sides: Green beans, garden salad, Jell-O, fruit, milk</p>	<p>27</p> <p>Entrée: Chicken Patty w/lettuce&tomato Sides: Potato fries, great northern beans, fruit, milk</p>
<p>30</p> <p>Entrée: Cook's Sides: Choice</p>	<p>31</p> <p>Entrée: Cook's Sides: Choice</p>	<p>1</p> <p>Entrée: Sloppy Joe Sides: Baked potato, broccoli w/cheese, fruit, milk</p>	<p>2</p> <p>Entrée: Corn dog Sides: Baked beans, garden salad, roll, fruit, milk</p>	<p>3</p> <p>Entrée: Baked Cajun Fish Sides: Butternut squash, Mexican style corn, fruit, milk</p>

All meals served with low-fat milk.

Online free and reduced lunch applications can be found at: <https://www.wvschoolmeals.net>

Pay bills here: <https://parentonline.net>

*Preston County BOE is an equal opportunity provider and employer

*All items may be subject to change due to availability