



# OCTOBER | 2017

## Breakfast PHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Milk Pancakes w/syrup Eggs Fruit Juice Milk	<b>3</b> Egg and cheese omelet (462489) Yogurt Banana Juice Milk	<b>4</b> Breakfast Pizza (503640) Fresh Fruit Juice Milk	<b>5</b> Cereal Choice Fresh Fruit Juice Milk	<b>6</b> Sausage and pancake on stick Fresh Fruit Juice Milk
<b>9</b> Sausage egg and cheese slider Fresh Fruit Juice	<b>10</b> Cinnamon Roll (Homemade) Raisins Fresh Fruit Juice	<b>11</b> Milk Pop Tarts Yogurt Fresh Fruit Juice Milk	<b>12</b> Cinnamon Raisin Bagel with Cream Cheese Fresh Fruit Juice Milk	<b>13</b> French Toast w/syrup Yogurt Fresh Fruit Juice Milk
<b>16</b> Banana Bread String Cheese Fresh Fruit Juice Milk	<b>17</b> Scrambled eggs Hash browns Fresh fruit Juice Milk	<b>18</b> Sausage and Pancake Bites Fresh Fruit Juice	<b>19</b> Milk Cinnamon Cream Cheese bagel Fresh Fruit Juice Milk Enter Text Here	<b>20</b> Whole Grain Donut Fresh Fruit Juice Milk
<b>23</b> Blueberry Bread String cheese Fruit Juice Milk	<b>24</b> Strawberry cream cheese bagel Fresh fruit Juice Milk	<b>25</b> Cinnamon Roll Raisins Fresh Fruit Juice Milk	<b>26</b> Sausage egg and cheese - Slider Fresh Fruit Juice Milk	<b>27</b> Cereal Bar Fresh Fruit Juice Milk
<b>30</b> Pancakes w/syrup Eggs Fruit Juice Milk	<b>31</b> Egg and cheese omelet Yogurt Banana Juice Milk	Breakfast Pizza Fresh Fruit Juice Milk	Cereal Choice Fresh Fruit Juice Milk	Sausage and pancake on stick Fresh Fruit Juice Milk

### News

**October, 13<sup>th</sup> 2hour early out**  
**October, 16<sup>th</sup> No School**

### Farmers Market Dates:

**Terra Alta – 4<sup>th</sup>**  
**Bruceton – 11<sup>th</sup>**  
**Central Preston – 18<sup>th</sup>**

**Check the county site for more information**